

April 2024 Featured Events

Info Session with George Bangham, Lunch & Reifel Bird Sanctuary Guided Tour

Thursday, April 11th at 9:30 am (Media Room – Bus)

Calling all nature enthusiasts! Join us in the Media Room, where we will start with a brief presentation about birds and the ecosystems they inhabit. After that, we will make our way to Delta for lunch at Riverside Marina Restaurant & Pub before setting off on a 1-hour guided tour at Reifel Bird Sanctuary. Get ready for a nature-filled day!

International Earth Day: Haiku Writing

Monday, April 22nd at 1 pm (Media Room)

A Haiku is a Japanese poetry form which uses just a few words to capture a moment and create a picture in the reader's mind like a tiny window into a scene much larger than itself. Challenge yourself to this peaceful and creative experience.

Cherry Blossom High Tea

Thursday, April 25th at 2:00 pm (Private Dining Room) \$25

Join us for an exclusive afternoon high tea event where we'll indulge in a delightful blend of traditional and Japanese-inspired treats. Don't miss this opportunity to savor the unique and exquisite flavors that our talented culinary team has prepared for you!

In-House AW Jazz Club: A Tribute to the Classics with Caryn Slade Trio

Tuesday April 30th from 6:15pm to 7:30pm (Media Room)

Celebrate International Jazz Day in style at our In-House Arbutus Walk Jazz Club with the Caryn Slade Jazz Trio's live performance. Enjoy candlelit ambiance and cocktails while this talented trio pays homage to all your favorite classic jazz tunes.

[DiscoverTapestry.com](https://www.discoverTapestry.com)

Tapestry at Arbutus Walk
2799 Yew Street
Vancouver, BC, V6K 4W2


Tapestry®
Embrace a New Age™

April 2024

"Embracing New Beginnings"



APRIL 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	EASTER MONDAY 1 9:00 T-Fit (8FFC) 10:00 Nature Walk: Spotting Cherry Blossoms In The Neighborhood (L) 10:00 B. Pressure Clinic (2FHC) 11:00 Grocery Shopping Shuttle (B) 1:00 iPhone & iPad Troubleshooting with Mayana (MR) 2:00 Bridge (LIB) 2:00 Seated Yoga (8FFC) 2:30 Afternoon Tea & Cookies (PDR) 3:00 Movie (MR) 3:00 Martini Monday (P) 6:30 Bridge (LIB) 7:00 Movie (MR)	2 9:15 Line Dancing (8FFC) 9:30 Walk and Talk (L) 10:30 Stretch Balance (8FFC) 11:30 Great Courses (MR) 2:00 Needle Crafts (LIB) 2:30 Painting Class with Teresa (8FFC) 3:00 Happy Hour (P) 3:00 Tech Ed Class with Ferd Poon (MR) 4:15 Bingo (MR)	3 9:00 T Fit (8FFC) 10:30 In-House Shopping: AltaVida Fashions (10:30am-2pm) (L) 11:30 Trivia with Val (LIB) 2:00 Bridge (LIB) 2:00 Volleyball (8FFC) 3:00 Pianist Lester Soo (L) 3:00 Wine Wed (P) 6:30 Poker (LIB)	4 9:15 Stretch & Balance (8FFC) 10:30 Stretch & Balance (8FFC) 10:45 Day Trip with Jocelyne: Steveston Round 2 (B) 1:00 Bridge (LIB) 2:00 Discussion Group (LIB) 3:00 Happy Hour (P) 3:30 Mexican Dominos (LIB) 6:30 Bridge (LIB)	5 9:00 Scandinave Spa Day in Whistler (B) 9:00 T Fit (8FFC) 1:00 Great Courses (MR) 2:00 Writers' Group (LIB) 3:00 Happy Hour (P) 3:00 Meditation (MR) 4:15 Bingo (MR) 7:00 7pm Friday Movie (MR)	6 9:15 Power Fit & Boxing (8FFC) 10:15 Virtual Games (MR) 11:15 Daily Stretch & Tai Chi (MR) 1:00 Bridge (LIB) 1:30 Dancercise (8FFC) 2:30 Afternoon Tea & Cookies (PDR) 3:00 Sun Run Practice Route with Edmar (L) 3:00 Documentary (MR) 7:00 Documentary (MR)	
	9:00 Zumba Gold (Standing) (8FFC) 10:00 Zumba Gold (Seated) (8FFC) 1:00 Live Music Sunday: Jennifer Lauren (L) 2:00 Scrabble (LIB) 2:30 Afternoon Tea & Cookies (PDR) 3:00 TV Series (MR) 7:00 TV Series (MR) 7	8 9:00 T-Fit (8FFC) 11:00 Grocery Shopping Shuttle (B) 1:00 La Boheme Opera at Shadbolt Centre Featuring Catherine Thornsley (B) 2:00 Bridge (LIB) 2:00 Seated Yoga (8FFC) 2:30 Afternoon Tea & Cookies (PDR) 3:00 Movie (MR) 3:00 Martini Monday (P) 6:30 Bridge (LIB) 7:00 Movie (MR)	9 9:15 Line Dancing (8FFC) 9:30 Walk and Talk (L) 10:30 Stretch Balance (8FFC) 11:30 Great Courses (MR) 1:30 Community Meeting (MR) 2:00 Needle Crafts (LIB) 2:30 Painting Class with Teresa (8FFC) 3:00 Happy Hour (P) 4:15 Bingo (MR) 6:30 Opera at the MET (MR)	10 9:00 T Fit (8FFC) 11:30 Trivia with Val (LIB) 2:00 Bridge (LIB) 2:00 Volleyball (8FFC) 3:00 Live Performance: UBC Jazz Club Trio (L) 3:00 Wine Wed (P) 6:30 Poker (LIB)	11 9:15 Stretch & Balance (8FFC) 9:30 Info Session with George Bangham, Lunch & Reifel Bird Sanctuary Guided Tour (B) 10:30 Stretch & Balance (8FFC) 3:00 Happy Hour (P) 3:30 Mexican Dominos (LIB) 6:30 Bridge (LIB)	12 8:45 Britannia Mine Museum: The Land of Thundering Snow (B) 9:00 T Fit (8FFC) 1:00 Great Courses (MR) 2:00 Writers' Group (LIB) 3:00 Happy Hour (P) 3:00 Meditation (MR) 4:15 Bingo (MR) 7:00 7pm Friday Movie (MR)	13 9:15 Power Fit & Boxing (8FFC) 10:15 Virtual Games (MR) 11:15 Daily Stretch & Tai Chi (MR) 1:00 Bridge (LIB) 2:30 Afternoon Tea & Cookies (PDR) 3:00 Sun Run Practice Route with Edmar (L) 3:00 Documentary (MR) 7:00 Documentary (MR)
	9:00 Zumba Gold (Standing) (8FFC) 10:00 Zumba Gold (Seated) (8FFC) 1:00 Piano Students of Julie Lowe (L) 2:00 Brain Teasers (MR) 2:30 Afternoon Tea & Cookies (PDR) 3:00 TV Series (MR) 7:00 TV Series (MR) 14	15 9:00 T-Fit (8FFC) 11:00 Grocery Shopping Shuttle (B) 1:00 Cherry Blossom Scenic Drive (B) 1:00 iPhone & iPad Troubleshooting with Mayana (MR) 2:00 Bridge (LIB) 2:00 Seated Yoga (8FFC) 2:30 Afternoon Tea & Cookies (PDR) 3:00 Movie (MR) 3:00 Martini Monday (P) 6:30 Bridge (LIB) 7:00 Movie (MR)	16 9:15 Line Dancing (8FFC) 9:30 Walk and Talk (L) 10:30 Stretch Balance (8FFC) 11:00 In-House Shopping: Heidi's Jewelry (11am - 3pm) (L) 11:30 Great Courses (MR) 2:00 Men's Club: Playing Pool (3rd) 2:00 Needle Crafts (LIB) 2:30 Painting Class with Teresa (8FFC) 3:00 Happy Hour (P) 3:00 Tech Ed Class with Ferd Poon (MR) 4:15 Bingo (MR)	17 9:00 T Fit (8FFC) 11:30 Trivia with Val (LIB) 1:00 Singing with Cat (MR) 2:00 Bridge (LIB) 2:00 Volleyball (8FFC) 3:00 Wine Wed (P) 3:00 Cheers! Welcome New Residents & Birthday Party (L) 3:15 Live Music with Brandon Thornhill (L) 6:30 Poker (LIB)	18 9:15 Stretch & Balance (8FFC) 10:00 Sun Run: Trial Route B.C. Place (B) 10:30 Stretch & Balance (8FFC) 1:15 Tea and Trumpets: Under The Palm Trees (B) 2:00 Discussion Group (LIB) 3:00 Happy Hour (P) 3:30 Mexican Dominos (L) 6:30 Bridge (LIB)	19 NATIONAL CANADIAN FILM DAY 9:00 T Fit (8FFC) 9:30 Music in the Morning: Mark-André Hamelin and Johannes Moser (B) 1:00 Great Courses (MR) 2:00 Writers' Group (LIB) 3:00 Happy Hour (P) 3:00 Meditation (MR) 4:15 Bingo (MR) 7:00 Canadian Film Feature: Away From Her (Ontario, 2006) (MR)	20 9:15 Power Fit & Boxing (8FFC) 10:15 Virtual Games (MR) 11:15 Daily Stretch & Tai Chi (MR) 1:00 Bridge (LIB) 1:30 Dancercise (8FFC) 2:30 Afternoon Tea & Cookies (PDR) 3:00 Documentary (MR) 7:00 Documentary (MR)
	7:10 Vancouver Sun Run (B) 9:00 Zumba Gold (Standing) (8FFC) 10:00 Zumba Gold (Seated) (8FFC) 2:00 Mah Jong (LIB) 2:30 Afternoon Tea & Cookies (PDR) 3:00 TV Series (MR) 7:00 TV Series (MR) 21	INTERNATIONAL EARTH DAY 22 9:00 T-Fit (8FFC) 1:00 Sakura Haiku Writing (MR) 2:00 Bridge (LIB) 2:00 Seated Yoga (8FFC) 2:30 Afternoon Tea & Cookies (PDR) 3:00 Movie (MR) 3:00 Martini Monday (P) 6:30 Bridge (LIB) 7:00 Movie (MR)	ST. GEORGE'S DAY 23 9:15 Line Dancing (8FFC) 9:30 Walk and Talk (L) 10:30 Stretch Balance (8FFC) 11:30 Great Courses (MR) 1:00 Live Lecture with David Darling: Backgrounder on Climate Change (MR) 2:00 Needle Crafts (LIB) 2:30 Painting Class with Teresa (8FFC) 3:00 Happy Hour (P) 4:15 Bingo (MR) 4:30 English Inspired Dinner (4:30pm - 6:30pm) (R) 6:30 Documentary: The Evolution Of British Society Over The Centuries (MR)	24 9:00 T Fit (8FFC) 11:30 Trivia with Val (LIB) 1:00 Singing with Cat (MR) 2:00 Bridge (LIB) 2:00 Volleyball (8FFC) 3:00 Special Screening Joanna Lumley India (MR) 3:00 Wine Wed (P) 6:30 Poker (LIB)	25 9:15 Stretch & Balance (8FFC) 10:30 Stretch & Balance (8FFC) 2:00 Cherry Blossom High Tea (PDR) 3:00 Happy Hour (P) 4:00 Book Club Meeting (PDR) 6:30 Bridge (LIB)	26 9:00 T Fit (8FFC) 1:00 Great Courses (MR) 1:30 Shop at Southlands Nursery (B) 2:00 Writers' Group (LIB) 3:00 Happy Hour (P) 3:00 Meditation (MR) 4:15 Bingo (MR) 7:00 7pm Friday Movie (MR)	27 9:15 Power Fit & Boxing (8FFC) 10:15 Virtual Games (MR) 11:15 Daily Stretch & Tai Chi (MR) 1:00 Bridge (LIB) 2:30 Afternoon Tea & Cookies (PDR) 3:00 Documentary (MR) 7:00 Documentary (MR)
	9:00 Zumba Gold (Standing) (8FFC) 10:00 Zumba Gold (Seated) (8FFC) 1:30 Vancouver Opera at Queen Elizabeth: Carmen (B) 2:00 Brain Teasers (MR) 2:30 Afternoon Tea & Cookies (PDR) 3:00 TV Series (MR) 7:00 TV Series (MR) 28	INTERNATIONAL DANCE DAY 29 9:00 T-Fit (8FFC) 10:15 10-Minute Dance Party with Wellness (MR) 11:00 Grocery Shopping Shuttle (B) 1:00 Wellness Meeting: What's Happening Next Month? (MR) 2:00 Bridge (LIB) 2:00 Seated Yoga (8FFC) 2:30 Afternoon Tea & Cookies (PDR) 3:00 Movie (MR) 3:00 Martini Monday (P) 6:30 Bridge (LIB) 7:00 Movie (MR)	INTERNATIONAL JAZZ DAY 30 9:15 Line Dancing (8FFC) 9:30 Walk and Talk (L) 10:30 Stretch Balance (8FFC) 11:30 Great Courses (MR) 2:00 Needle Crafts (LIB) 2:30 Painting Class with Teresa (8FFC) 3:00 Happy Hour (P) 3:00 Tech Ed Class with Ferd Poon (MR) 4:15 Bingo (MR) 6:15 In-House AW Jazz Club: A Tribute to the Classics with Caryn Slade Trio (MR)	LOCATION 2nd Floor Health Centre (2FHC) 3rd Floor Common Area (3rd) 8th Floor Fitness Center (8FFC) BUS (B) Library (LIB) Lobby (L) Media Room (MR) Private Dining Room (PDR) Pub (P) Restaurant (R)			