

May 2024 Featured Events

Cinco de Mayo

Sunday, May 5th at 4:30 PM - 6:30 PM (Restaurant)

Cinco de Mayo (Spanish for "Fifth of May") celebrates Mexican heritage and culture. In the Mexican state of Puebla, Cinco de Mayo is especially celebrated as the location where the Mexican army won the Battle of Puebla with the French army on May 5, 1862. To partake in celebration, our culinary team has put together a beautiful traditional Mexican inspired menu for you to enjoy. Please sign up with the restaurant to reserve your spot at this fabulous fiesta.

Mother's Day Brunch

Sunday, May 12th at 11:30 AM - 1:30 PM (Restaurant)

Live Harp with Rebecca Blair in the Restaurant (12:00 PM - 1:00 PM)

Mother's Day is a time to honor motherhood and show our appreciation to moms of all kinds, including wives, sisters, and grandmas, for all their hard work and sacrifice. Please join us in the restaurant for a decadent feature brunch in honor of this special occasion.

Artists in our Midst: Meet the Artists

Wednesday, May 22nd at 1:00 PM (Media Room)

Artists in our Midst is an exciting opportunity to showcase the creativity and talent of our community. Join us in the Media Room for this unique opportunity to meet Pnina, the founder of the West of Main Art Walk and the talented artists from Arbutus Walk. Sip on cocktails, browse through the Lobby and chat with the artists about their proud pieces.

Local Seafood Showcase & Tasting Demo with Valentino & Chuck

Wednesday, May 29th at 2:30 PM (Media Room)

In partnership with our seafood purveyor, Brandon King of Intercity Packers, Chef Valentino and Sous-Chef Chuck will present a tasting demonstration showcasing local B.C. seafood. You won't want to miss this exclusive culinary experience to tantalize your taste buds and try something new!

[DiscoverTapestry.com](https://www.discovertapestry.com)

Tapestry at Arbutus Walk
2799 Yew Street
Vancouver, BC, V6K 4W2


Tapestry®
Embrace a New Age™

May 2024

"May you always have a smile on your face,
love in your heart and peace in your soul."



MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	LOCATION 2nd Floor Health Centre (2FHC) 8th Floor Fitness Center (8FFC) BUS (B) Library (LIB) Lobby (L) Media Room (MR) Private Dining Room (PDR) Pub (P) Restaurant (R) Wellness Office (WO)		ASIAN HERITAGE MONTH Asian Heritage Month Display (MR) 1 9:00am T Fit (8FFC) 10:30am May Sign-Up Request Form Deadline (WO) 11:30am Trivia with Val (LIB) 1:00pm Singing with Cat (MR) 2:00pm Bridge (LIB) 2:00pm Volleyball (8FFC) 3:00pm Live Music with Brandon Thornhill and Catherine Thornsley (L) 3:00pm Wine Wed (P) 6:30pm Poker (LIB) 7:00pm Limited Series: A Gentlemen in Moscow (MR)	9:15am Stretch & Balance (8FFC) 2 10:30am Stretch & Balance (8FFC) 1:00pm Bridge (LIB) 2:00pm Discussion Group (LIB) 2:30pm Spring Craft: Garden Stone Painting (8FFC) 3:00pm Happy Hour (P) 3:30pm Mexican Dominos (LIB) 6:30pm Bridge (LIB)	9:00am T Fit (8FFC) 3 9:30am Walking Group: 2KM West Vancouver Seaview Trail (B) 1:00pm Great Courses (MR) 2:00pm Writers' Group (LIB) 3:00pm Happy Hour (P) 3:00pm Meditation (MR) 4:15pm Bingo (MR) 7:00pm Friday Movie (MR)	9:15am Power Fit & Boxing (8FFC) 4 10:15am Virtual Games (MR) 10:30am Morning Scenic Drive (B) 11:15am Daily Stretch & Tai Chi (MR) 1:00pm Bridge (LIB) 1:30pm Dancercise (8FFC) 2:30pm Afternoon Scenic Drive (B) 2:30pm Afternoon Tea & Cookies (PDR) 3:00pm Special Documentary: Frida (MR) 7:00pm Special Documentary: Frida (MR)	
	CINCO DE MAYO 5 9:00am Zumba Gold (Standing) (8FFC) 10:00am Zumba Gold (Seated) (8FFC) 10:00am Walk to Kits Farmer's Market (L) 1:00pm Live Music Sunday: Jennifer Lauren (L) 2:30pm Afternoon Tea & Cookies (PDR) 3:00pm Mahjong (LIB) 3:00pm TV Series (MR) 4:30pm Mexican Inspired Feature Dinner (4:30pm-6:30pm) (R) 7:00pm TV Series (MR)	9:00am T-Fit (8FFC) 6 10:00am B. Pressure Clinic (2FHC) 11:00am Grocery Shopping Shuttle (B) 1:00pm iPhone & iPad Troubleshooting with Mayana (MR) 2:00pm Bridge (LIB) 2:00pm Seated Yoga (8FFC) 2:30pm Afternoon Tea & Cookies (PDR) 3:00pm Movie (MR) 3:00pm Martini Monday (P) 6:30pm Bridge (LIB) 7:00pm Movie (MR)	Spring COVID Vaccine Clinic (10am to 4pm) (MR) 7 9:15am Line Dancing (8FFC) 9:30am Walk and Talk (L) 10:30am Stretch Balance (8FFC) 2:00pm Needle Crafts (LIB) 2:30pm Painting Class with Teresa (8FFC) 3:00pm Happy Hour (P) 6:30pm Opera at the MET (MR)	9:00am T Fit (8FFC) 8 10:00am Scam Prevention Talk with VPD at the Jewish Community Center (B) 11:30am Trivia with Val (LIB) 1:00pm Singing with Cat (MR) 2:00pm Bridge (LIB) 2:00pm Volleyball (8FFC) 3:00pm Live Concert: Music Variations (L) 3:00pm Wine Wed (P) 6:30pm Poker (LIB) 7:00pm Limited Series: A Gentlemen in Moscow (MR)	9:15am Stretch & Balance (8FFC) 9 10:00am Tsawwassen Mills Shopping: Tapestry Discount at Laura Fashion (B) 10:30am Stretch & Balance (8FFC) 1:00pm Bridge (LIB) 3:00pm Happy Hour (P) 3:30pm Mexican Dominos (LIB) 6:30pm Bridge (LIB)	9:00am T Fit (8FFC) 10 9:00am Bees, Cheese & Wine in Fraser Valley (B) 1:00pm Great Courses (MR) 2:00pm Writers' Group (LIB) 3:00pm Happy Hour (P) 3:00pm Meditation (MR) 4:15pm Bingo (MR) 7:00pm Friday Movie (MR)	9:15am Power Fit & Boxing (8FFC) 11 10:15am Virtual Games (MR) 10:30am Morning Scenic Drive (B) 11:15am Daily Stretch & Tai Chi (MR) 1:00pm Bridge (LIB) 2:30pm Afternoon Scenic Drive (B) 2:30pm Afternoon Tea & Cookies (PDR) 3:00pm Special Documentary: In the Shadow of Gold Mountain (MR) 7:00pm Special Documentary: In the Shadow of Gold Mountain (MR)
	MOTHER'S DAY Mother's Day Memoir Display (L) 12 9:00am Zumba Gold (Standing) (8FFC) 10:00am Zumba Gold (Seated) (8FFC) 11:30am Mother's Day Brunch (11:30pm-1:30pm) (R) 12:00pm Live Harp with Rebecca Blair in the Restaurant (12pm-1pm) (R) 2:30pm Afternoon Tea & Cookies (PDR) 3:00pm Mahjong (LIB) 3:00pm TV Series (MR) 7:00pm TV Series (MR)	9:00am T-Fit (8FFC) 13 11:00am Grocery Shopping Shuttle (B) 2:00pm Bridge (LIB) 2:00pm Seated Yoga (8FFC) 2:30pm Afternoon Tea & Cookies (PDR) 3:00pm Movie (MR) 3:00pm Martini Monday (P) 6:30pm Bridge (LIB) 7:00pm Movie (MR)	9:15am Line Dancing (8FFC) 14 9:30am Walk and Talk (L) 10:30am Stretch Balance (8FFC) 11:00am In-House Shopping: Heidi's Jewelry (11am - 3pm) (L) 11:30am Great Courses (MR) 1:30pm Community Meeting (MR) 2:00pm Needle Crafts (LIB) 2:30pm Painting Class with Teresa (8FFC) 3:00pm Happy Hour (P) 4:15pm Bingo (MR)	9:00am T Fit (8FFC) 15 11:30am Trivia with Val (LIB) 2:00pm Bridge (LIB) 2:00pm Volleyball (8FFC) 3:00pm Wine Wed (P) 3:00pm Cheers! Welcome New Residents & Birthday Party (L) 3:15pm Live Jazz with Caryn Slade Trio (MR) 6:30pm Poker (LIB) 7:00pm Limited Series: A Gentlemen in Moscow (MR)	9:15am Stretch & Balance (8FFC) 16 10:00am Horseshoe Bay and Lunch at Trolls (B) 10:30am Stretch & Balance (8FFC) 1:00pm Bridge (LIB) 2:00pm Discussion Group (LIB) 3:00pm Happy Hour (P) 3:30pm Mexican Dominos (L) 6:30pm Bridge (LIB)	9:00am T Fit (8FFC) 17 1:00pm Great Courses (MR) 2:00pm Writers' Group (LIB) 3:00pm Cocktail Hour at Granville Island Hotel (B) 3:00pm Happy Hour (P) 3:00pm Meditation (MR) 4:15pm Bingo (MR) 7:00pm Friday Movie (MR)	9:15am Power Fit & Boxing (8FFC) 18 10:15am Virtual Games (MR) 10:30am Morning Scenic Drive (B) 11:15am Daily Stretch & Tai Chi (MR) 1:00pm British Classic Cars at VanDusen Garden (B) 1:00pm Bridge (LIB) 1:30pm Dancercise (8FFC) 2:30pm Afternoon Tea & Cookies (PDR) 3:00pm Documentary (MR) 7:00pm Documentary (MR)
	10:00am Balance Workout Follow Along (MR) 19 2:00pm Brain Teasers (MR) 2:30pm Afternoon Tea & Cookies (PDR) 3:00pm Mahjong (LIB) 3:00pm TV Series (MR) 7:00pm TV Series (MR)	VICTORIA DAY 20 9:00am T-Fit (8FFC) 1:00pm iPhone & iPad Troubleshooting with Mayana (MR) 2:00pm Bridge (LIB) 2:00pm Seated Yoga (8FFC) 2:30pm Queen Victoria Afternoon Tea (PDR) 3:00pm Monday Movie Special: Victoria and Abdul (MR) 3:00pm Martini Monday (P) 6:30pm Bridge (LIB) 7:00pm Monday Movie Special: Victoria and Abdul (MR)	9:15am Line Dancing (8FFC) 21 9:30am Walk and Talk (L) 10:30am Stretch Balance (8FFC) 11:30am Great Courses (MR) 2:00pm Needle Crafts (LIB) 2:30pm Painting Class with Teresa (8FFC) 3:00pm Happy Hour (P) 3:00pm Tech Ed Class with Ferd Poon (MR) 4:15pm Bingo (MR) 6:30pm Opera at the MET (MR)	ARTISTS IN OUR MIDST: TAPESTRY ART EXHIBITION 22 9:00am T Fit (8FFC) 11:30am Trivia with Val (LIB) 1:00pm Artists in our Midst: A Talk with Pnina, the founder & Meet the Artists (MR) 2:00pm Bridge (LIB) 2:00pm Volleyball (8FFC) 3:00pm Wine Wed (P) 6:30pm Poker (LIB) 7:00pm Limited Series: A Gentlemen in Moscow (MR)	ARTISTS IN OUR MIDST: TAPESTRY ART EXHIBITION 23 9:15am Stretch & Balance (8FFC) 10:30am Stretch & Balance (8FFC) 1:00pm Bridge (LIB) 1:15pm Tea and Trumpets: Back To The Baroque (B) 2:00pm Intergenerational Hour with SJS (MR) 3:00pm Happy Hour (P) 6:30pm Bridge (LIB)	9:00am Darts Hill Garden & Historic Stewart Farm (B) 24 9:00am T Fit (8FFC) 1:00pm Great Courses (MR) 2:00pm Writers' Group (LIB) 3:00pm Happy Hour (P) 3:00pm Meditation (MR) 4:15pm Bingo (MR) 7:00pm Friday Movie (MR)	9:15am Power Fit & Boxing (8FFC) 25 10:15am Virtual Games (MR) 10:30am Morning Scenic Drive (B) 11:15am Daily Stretch & Tai Chi (MR) 1:00pm Bridge (LIB) 2:30pm Afternoon Scenic Drive (B) 2:30pm Afternoon Tea & Cookies (PDR) 3:00pm Documentary (MR) 7:00pm Documentary (MR)
	9:00am Zumba Gold (Standing) (8FFC) 26 10:00am Zumba Gold (Seated) (8FFC) 10:30am Men's Club Outing (B) 2:30pm Afternoon Tea & Cookies (PDR) 3:00pm Mahjong (LIB) 3:00pm TV Series (MR) 7:00pm TV Series (MR)	9:00am T-Fit (8FFC) 27 11:00am Grocery Shopping Shuttle (B) 1:00pm Wellness Meeting: What's Happening Next Month? (MR) 2:00pm Bridge (LIB) 2:00pm Seated Yoga (8FFC) 2:30pm Afternoon Tea & Cookies (PDR) 3:00pm Movie (MR) 3:00pm Martini Monday (P) 6:30pm Bridge (LIB) 7:00pm Movie (MR)	9:15am Line Dancing (8FFC) 28 9:30am Walk and Talk (L) 10:30am Stretch Balance (8FFC) 11:30am Great Courses (MR) 1:15pm Introduction to Urban Pole Walking with Busola & Edmar (MR) 2:00pm Needle Crafts (LIB) 2:30pm Painting Class with Teresa (8FFC) 3:00pm Tech Ed Class with Ferd Poon (MR) 3:00pm Happy Hour (P) 4:15pm Bingo (MR)	9:00am T Fit (8FFC) 29 10:30am June Sign-Up Request Form Deadline (WO) 11:30am Trivia with Val (LIB) 2:00pm Bridge (LIB) 2:00pm Volleyball (8FFC) 2:30pm Local Seafood Showcase & Tasting Demo with Valentino & Chuck (MR) 3:00pm Wine Wed (P) 6:30pm Poker (LIB) 7:00pm Limited Series: A Gentlemen in Moscow (MR)	9:15am Stretch & Balance (8FFC) 30 10:30am Stretch & Balance (8FFC) 11:00am Adventurous Eaters: Sura Korean Cuisine (B) 1:00pm Bridge (LIB) 2:00pm Discussion Group (LIB) 3:00pm Happy Hour (P) 4:00pm Book Club Meeting (PDR) 6:30pm Bridge (LIB)	9:00am T Fit (8FFC) 31 9:30am Pitch & Putt at Queen Elizabeth Park (B) 1:00pm Great Courses (MR) 2:00pm Writers' Group (LIB) 3:00pm Happy Hour (P) 3:00pm Meditation (MR) 4:15pm Bingo (MR) 7:00pm Friday Movie (MR)	