

August 2022 Featured Events

Exploring Intellectual Wellness: What's in My Products? Learning to Shop as an Informed Consumer
Wednesday, August 3rd at 11:00 a.m.

In this session, we will explore what's in our food, personal care and household products. What we buy is as much a statement about our life as well as our values and what we might advocate for. We will discuss various product labels, what information to look for when shopping and the tools we can use to learn more about our product choices. The goal is to shop sustainably, choose cleaner and healthier products, as well as learn about the people connected to the products we use, and the businesses that produce these products. Collectively, we have tremendous power to shape what we expect and want from our products and the producers.

Sponge Toffee Making with Melinda

Monday, August 15th at 2:00 p.m. in the Demo Kitchen

Remember honeycomb toffee, sponge toffee, hokey pokey? Whatever you call this deliciousness, we can all agree that it's one of a kind! Crunchy, light, sweet toffee pieces, guaranteed to take you right back to your childhood. Come and join Melinda for a sponge toffee making workshop on August 15!

Etobicoke Jazz Band Performance

Friday, August 19th at 2:00 p.m. in the Courtyard

The Etobicoke Jazz Band will return to Tapestry for a performance with seventeen of their talented musicians. This special performance is presented by the band to recognize you for your tremendous support every season over the last few years. Please join us as we welcome back the sweet sounds of summer to our Courtyard.

Historic Cooksville: Bus Tour with Richard Jordan

Wednesday, August 24th at 10:45 a.m.

The historic neighbourhood of Cooksville, at the intersection of Dundas and Hurontario Streets, has been at the centre of much of Mississauga's history. A stage-coach stop on the Dundas highway, Cooksville became home to Ontario's first vineyards and first winery. Natural gas was discovered here more than 100 years ago and supplied, via pipeline, to locations as far away as Hamilton. Whole neighbourhoods have been constructed with bricks from the Cooksville brickyards. Then, the polluted brickyard site was successfully remediated to permit the construction of housing and beautiful parks. Come take a pleasant drive with us around this lovely neighbourhood and hear stories about the people and places of Historic Cooksville.

An Amazing August

August 2022 – Calendar of Events



DiscoverTapestry.com

Tapestry at Village Gate West
15 Summerland Terrace, Toronto ON

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Embrace a New Age[™]

AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:15 Balance Builders (ER) 1 11:00 Learning Lectures (T) 2:00 Ping Pong Drop In (GR) 3:30 Tapestry's Writing Group (GR) 7:00 Movie Night (T)	9:30 Balance Builders (ER) 2 10:15 Stretch & Relaxation (ER) 11:00 Centre Bowling (5 Pin) (OE) 11:00 Spelling Bee (T) 2:15 Stretch & Relaxation (ER) 3:30 Poker (DK) 7:00 Movie Night (T)	9:30 Aqua Fit (P) 3 9:30 Transportation to Dollarama 10:15 Zumba with Jill (ER) 11:00 Exploring Intellectual Wellness: What's in My Products? - Workshop with Dr. Minna (DK) 1:00 Blackjack (DK) 2:00 Cocktail Hour (M) 3:15 Chair Cardio (ER) 7:00 Movie Night (T)	9:30 Stretch & Relaxation (ER) 4 10:00 Food Council Meeting (DK) 10:15 Chair Cardio (ER) 1:00 Pole Walking Outing (OE) 2:15 Chair Cardio with Garfield (ER) 3:30 Bible Study with Zoe and Jolie (T) 3:30 Tonk (DK) 7:00 Movie Night (T)	9:30 Aqua Fit (P) 5 10:00 Transportation to Cloverdale 10:15 Theraband Class (ER) 11:15 Dictionary Game (2FL) 1:00 Tapestry Chorus (2FL) 2:15 Stretching & Relaxation (ER) 4:00 Beginners Line Dancing (DK) 7:00 Movie Night (T)	9:30 Stretch & Relaxation (ER) 6 10:15 Balance Builders (ER) 11:00 Billiards Group (2FL) 1:00 Pole Walking Outing (OE) 2:15 Stretch & Relaxation (ER) 3:15 Knitting Group (2FL) 7:00 Movie Night (T)	10:15 Stretch & Relaxation (ER) 7 1:15 Trivia (DK) 1:30 Transportation to Brentwood Library 2:30 Jewelry Design (DK) 3:00 Billiards Group (2FL) 7:00 Movie Night (T)
10:00 Transportation to Farm Boy 8 10:15 Balance Builders (ER) 11:00 Learning Lectures (T) 1:00 West Way Line Dancing (OE) 2:00 Ping Pong Drop In (GR) 3:30 Tapestry's Writing Group (GR) 7:00 Movie Night (T)	Tapestry's Photoshoot 9 9:30 Balance Builders (ER) 10:15 Stretch & Relaxation (ER) 11:00 Tapestry's Photoshoot 11:00 Spelling Bee (T) 2:15 Stretch & Relaxation (ER) 3:30 Poker (DK) 7:00 Reiki & Relaxation (DK) 7:00 Movie Night (T)	9:30 Aqua Fit (P) 10 10:00 Woodbine Casino (OE) 10:15 Zumba with Jill (ER) 1:00 Blackjack (DK) 1:15 Current Events with Scott (T) 2:00 Cocktail Hour (M) 3:15 Chair Cardio (ER) 7:00 Movie Night (T)	9:30 Stretch & Relaxation (ER) 11 10:15 Chair Cardio (ER) 11:30 B.B.Q. (C) 1:00 Pole Walking Outing (OE) 2:15 Chair Cardio with Garfield (ER) 3:30 Bible Study with Zoe and Jolie (T) 3:30 Tonk (DK) 5:00 Orient Express - Staycation 7:00 Movie Night (T)	9:30 Aqua Fit (P) 12 10:00 Transportation to Cloverdale 10:15 Theraband Class (ER) 11:15 Dictionary Game (2FL) 1:30 Happy Fri-YAY! (PP) 2:15 Stretching & Relaxation (ER) 4:00 Beginners Line Dancing (DK) 7:00 Movie Night (T)	9:00 Transportation to Etobicoke Farmers Market 13 9:30 Stretch & Relaxation (ER) 10:15 Balance Builders (ER) 11:00 Billiards Group (2FL) 1:00 Pole Walking Outing (OE) 2:15 Stretch & Relaxation (ER) 3:15 Knitting Group (2FL) 7:00 Movie Night (T)	10:15 Stretch & Relaxation (ER) 14 1:15 Trivia (DK) 2:30 Afternoon with Kelly (DK) 3:00 Billiards Group (2FL) 7:00 Movie Night (T)
Muskoka Trip 15 10:00 Transportation to Walmart 10:15 Balance Builders (ER) 11:00 Learning Lectures (T) 1:00 West Way Line Dancing (OE) 2:00 Sponge Toffee Making with Melinda (DK) 3:30 Tapestry's Writing Group (GR) 7:00 Movie Night (T)	Muskoka Trip 16 9:30 Balance Builders (ER) 10:15 Stretch & Relaxation (ER) 11:00 Spelling Bee (T) 2:15 Stretch & Relaxation (ER) 3:30 Poker (DK) 7:00 Movie Night (T)	9:30 Aqua Fit (P) 17 10:15 Zumba with Jill (ER) 1:00 Blackjack (DK) 1:30 Blue Jays vs Baltimore Orioles 2:00 Cocktail Hour (M) 3:15 Chair Cardio (ER) 7:00 Movie Night (T)	9:30 Stretch & Relaxation (ER) 18 10:15 Chair Cardio (ER) 1:00 Pole Walking Outing (OE) 2:15 Chair Cardio with Garfield (ER) 3:30 Bible Study with Zoe and Jolie (T) 3:30 Tonk (DK) 7:00 Movie Night (T)	9:30 Aqua Fit (P) 19 10:00 Transportation to Cloverdale 10:15 Theraband Class (ER) 11:15 Dictionary Game (2FL) 1:00 Tapestry Chorus (2FL) 2:00 Etobicoke Jazz Band Performance (C) 2:15 Stretching & Relaxation (ER) 4:00 Beginners Line Dancing (DK) 7:00 Movie Night (T)	9:30 Stretch & Relaxation (ER) 20 10:15 Balance Builders (ER) 11:00 Billiards Group (2FL) 1:00 Pole Walking Outing (OE) 2:15 Stretch & Relaxation (ER) 3:15 Knitting Group (2FL) 7:00 Movie Night (T)	10:15 Stretch & Relaxation (ER) 21 1:15 Trivia (DK) 1:30 Transportation to Brentwood Library 2:30 Jewelry Design (DK) 3:00 Billiards Group (2FL) 7:00 Movie Night (T)
10:00 Transportation to Farm Boy 22 10:15 Balance Builders (ER) 11:00 Learning Lectures (T) 1:00 West Way Line Dancing (OE) 2:00 Ping Pong Drop In (GR) 3:30 Tapestry's Writing Group (GR) 7:00 Movie Night (T)	9:30 Balance Builders (ER) 23 10:15 Stretch & Relaxation (ER) 11:00 Spelling Bee (T) 2:15 Stretch & Relaxation (ER) 3:00 Loss, Grief and Resilience Presentation (T) 3:30 Poker (DK) 7:00 Reiki & Relaxation (DK) 7:00 Movie Night (T)	9:30 Aqua Fit (P) 24 10:15 Zumba with Jill (ER) 10:45 Cooksville Bus Tour with Richard Jordan 1:00 Blackjack (DK) 1:15 Current Events with Scott (T) 2:00 Cocktail Hour (M) 3:15 Chair Cardio (ER) 7:00 Movie Night (T)	9:30 Stretch & Relaxation (ER) 25 10:00 Shoppers Drug Mart (OE) 10:15 Chair Cardio (ER) 11:30 B.B.Q. (C) 1:00 Pole Walking Outing (OE) 2:15 Chair Cardio with Garfield (ER) 3:30 Bible Study with Zoe and Jolie (T) 3:30 Tonk (DK) 7:00 Movie Night (T)	9:30 Aqua Fit (P) 26 10:00 Transportation to Cloverdale 10:15 Theraband Class (ER) 11:15 Dictionary Game (2FL) 1:30 Happy Fri-YAY! (PP) 2:15 Stretching & Relaxation (ER) 4:00 Beginners Line Dancing (DK) 7:00 Movie Night (T)	9:00 Transportation to Etobicoke Farmers Market 27 9:30 Stretch & Relaxation (ER) 10:15 Balance Builders (ER) 11:00 Billiards Group (2FL) 1:00 Pole Walking Outing (OE) 2:15 Stretch & Relaxation (ER) 3:15 Knitting Group (2FL) 7:00 Movie Night (T)	10:15 Stretch & Relaxation (ER) 28 1:15 Trivia (DK) 2:30 Afternoon with Kelly (DK) 3:00 Billiards Group (2FL) 7:00 Movie Night (T)
10:00 Transportation to Walmart 29 10:15 Balance Builders (ER) 11:00 Learning Lectures (T) 1:00 West Way Line Dancing (OE) 2:00 Ping Pong Drop In (GR) 3:30 Tapestry's Writing Group (GR) 7:00 Movie Night (T)	9:30 Balance Builders (ER) 30 10:15 Stretch & Relaxation (ER) 11:00 Spelling Bee (T) 2:15 Stretch & Relaxation (ER) 3:30 Poker (DK) 7:00 Movie Night (T)	9:30 Aqua Fit (P) 31 10:15 Zumba with Jill (ER) 11:00 Resident Monthly Meeting (DK) 1:00 Blackjack (DK) 2:00 Cocktail Hour (M) 3:15 Chair Cardio (ER) 7:00 Movie Night (T)	LOCATION 2nd Floor Lounge (2FL) Courtyard (C) Demo Kitchen (DK) Exercise Room (ER) Games Room (GR) Montgomerys (M) Outside Excursion (OE) Pool (P) Pub Patio (PP) Theatre (T)			