

September 2022 Featured Events

Bill Reid Gallery

Friday, September 2nd at 1:00 p.m., Bus Trip

Experience the Bill Reid Gallery! This is the only public Gallery in Canada dedicated to contemporary Indigenous Northwest Coast Art and was established by the Bill Reid Foundation in 2008, to celebrate the Haida master artist Bill Reid (1920 - 1998), and the diverse living cultures of the Northwest Coast.

Adventure Seekers: Lynn Canyon Suspension Bridge

Thursday, September 8th at 11:00 a.m., Bus Trip

Take in some of the gorgeous views that North Vancouver has to offer from the Suspension Bridge at Lynn Canyon.

Vancouver Whale Watching Tour

Friday, September 9th at 10:45 a.m., Bus Trip

Join us on a spectacular half-day Whale Watching Tour departing from Steveston Village and traveling through the stunning Gulf and San Juan islands. A professional naturalist will help us spot an incredible array of marine life including orcas, porpoises, sea lions, seals, eagles and more!

Vancouver Mysteries Walking Tour

Thursday, September 15th at 1:00 p.m., Bus Trip

Can you solve the murder mystery in downtown Vancouver? In this fun challenge, we will walk through Gastown looking for clues to help crack the case! We will walk approximately 2km so bring your comfy shoes!

Fraser Valley Wine Tasting

Thursday, September 22nd at 1:00 p.m., Bus Trip

The Fraser Valley produces a diverse range of superbly handcrafted wines, including unique sparkling wines, fortified wines and fruit-forward table wines. Join us on this fun and relaxing day trip as we explore multiple Langley vineyards and taste their top wines!

Music in the Mornings: St. Lawrence String Quartet

Friday, September 23rd at 9:15 a.m., Bus Trip

Join us for a morning trip to the Vancouver Academy of Music and enjoy some coffee and beautiful music played by the St. Lawrence String Quartet!

Paint & Sip

Wednesday, September 28th at 3:00 p.m., Media Room

Come paint with us! We will be following a trained artist in a step-by-step virtual painting demo. Don't worry if you are new to painting, this event includes wine which will surely add to your skill or at least your confidence!

September Surprises September 2022 – Calendar of Events




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SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	LOCATION 8th Floor Fitness Center (8FFC) BUS (B) Library (LIB) Lobby (L) Media Room (MR) PUB (P) Private Dining Room (PDR) Restaurant (R)			National No Rhyme (Nor Reason) Day 1 Bus Available for Aqua Fit (B) 8:30 Bus Available for Aqua Fit (B) 10:30 Stretch Balance (8FFC) 1:00 Adventure Seekers: Savage Creek Mini Putt (B) 3:00 Virtual Concert: Nézet-Séguin conducts Clara Schumann Piano Concerto and Brahms (MR) 3:00 Happy Hour (P) 6:30 Bridge (LIB)	9:00 T Fit (8FFC) 1:00 Bill Reid Gallery Outing (B) 2 1:00 Great Courses (MR) 2:00 Writers' Group (LIB) 3:00 Happy Hour (P) 3:00 Meditation (MR) 4:15 Bingo (MR) 6:30 Scrabble with Marge! (LIB)	9:00 R.O.M Parkinson's + Boxing (8FFC) 3 10:30 Wii Golf (MR) 2:30 Tea & Cookies (P) 2:45 Walk & Talk (L) 3:00 Hot Docs. (MR) 3:30 Drop in Ping Pong (8FFC) 7:00 Hot Docs. (MR)	
	Eat an Extra Dessert Day 4 10:00 Zumba! (8FFC) 10:00 Open: Kits Farmer's Market 1:00 Splendid Sounds (MR) 2:30 Tea & Cookies (P) 3:00 T.V. Series (MR) 7:00 T.V. Series (MR)	Labour Day 5 9:00 T-Fit (8FFC) 10:00 Daily OM (MR) 11:00 Grocery Shuttle (B) 1:00 Discovering Poetry (MR) 2:00 Bridge (LIB) 3:00 Seated Yoga (8FFC) 3:00 Movie (MR) 3:00 Martini Monday (P) 6:30 Bridge (LIB) 7:00 Movie (MR)	National Read a Book Day 6 9:15 Line Dancing (8FFC) 9:30 Walk Talk Connect (L) 10:30 Stretch Balance (8FFC) 11:30 Great Courses (MR) 2:00 Knit Stitch (LIB) 3:00 Greenway Games 3:00 Happy Hour (P) 4:15 Bingo (MR) 6:30 Drop In Bridge (LIB)	National Beer Lover's Day 7 9:00 T Fit (8FFC) 11:30 Trivia with Val (LIB) 2:00 Drop In Bridge (LIB) 2:00 Volleyball (8FFC) 3:00 Circuit Training (8FFC) 3:00 Wine Wed (P) 4:00 Live Entertainment: Pianist, Lester Soo (L) 6:30 Poker (LIB)	8:30 Bus Available for Aqua Fit (B) 8 10:30 Stretch Balance (8FFC) 11:00 Adventure Seekers: Lynn Canyon Suspension Bridge (B) 2:00 Discussion Group (LIB) 3:00 Virtual Concert: G.F. Handel Water Music (MR) 3:00 Happy Hour (P) 6:30 Bridge (LIB)	9:00 T Fit (8FFC) 10:45 Vancouver Whale Watching Tour (B) 9 1:00 Great Courses (MR) 2:00 Writers' Group (LIB) 3:00 Happy Hour (P) 3:00 Meditation (MR) 4:15 Bingo (MR) 6:30 Scrabble with Marge! (LIB)	9:00 R.O.M Parkinson's + Boxing (8FFC) 10 10:30 Wii Golf (MR) 2:30 Tea & Cookies (P) 2:45 Walk & Talk (L) 3:00 Hot Docs. (MR) 3:30 Drop in Ping Pong (8FFC) 7:00 Hot Docs. (MR)
	Grandparents' Day! 11 10:00 Zumba! (8FFC) 10:00 Open: Kits Farmer's Market 11:30 Grandparents' Day Brunch (R) 1:00 Live Music with Jennifer Lauren! (L) 2:30 Tea & Cookies (P) 3:00 T.V. Series (MR) 7:00 T.V. Series (MR)	National Day of Encouragement Day 12 9:00 T-Fit (8FFC) 10:00 Daily OM (MR) 11:00 Grocery Shuttle (B) 2:00 Bridge (LIB) 3:00 Seated Yoga (8FFC) 3:00 Movie (MR) 3:00 Martini Monday (P) 6:30 Bridge (LIB) 7:00 Movie (MR)	9:15 Line Dancing (8FFC) 9:30 Walk Talk Connect (L) 13 10:30 Stretch Balance (8FFC) 11:30 Great Courses (MR) 1:30 Community Meeting (MR) 2:00 Knit Stitch (LIB) 3:00 Greenway Games 3:00 Happy Hour (P) 3:00 Tech Ed Class 4:15 Bingo (MR) 6:30 Drop In Bridge (LIB)	National Cream Filled Donut Day 14 9:00 T Fit (8FFC) 11:30 Trivia with Val (LIB) 2:00 Drop In Bridge (LIB) 2:00 Volleyball (8FFC) 2:00 Garden Club (8FFC) 3:00 Circuit Training (8FFC) 3:00 Wine Wed (P) 6:30 Poker (LIB)	Greenpeace Day 15 8:30 Bus Available for Aqua Fit (B) 10:30 Stretch Balance (8FFC) 1:00 Vancouver Mysteries Walking Tour (B) 3:00 Virtual Concert: Itzhak Perlman and Pinchas Zukerman - Grand Duo (MR) 3:00 Happy Hour (P) 6:30 Bridge (LIB)	9:00 T Fit (8FFC) 11:00 Vancouver Maritime Museum & Boathouse Lunch (B) 16 1:00 Great Courses (MR) 2:00 Writers' Group (LIB) 3:00 Happy Hour (P) 3:00 Meditation (MR) 4:15 Bingo (MR) 6:30 Scrabble with Marge! (LIB)	9:00 R.O.M Parkinson's + Boxing (8FFC) 17 10:30 Wii Golf (MR) 2:30 Tea & Cookies (P) 2:45 Walk & Talk (L) 3:00 Hot Docs. (MR) 3:30 Drop in Ping Pong (8FFC) 7:00 Hot Docs. (MR)
	10:00 Zumba! (8FFC) 10:00 Open: Kits Farmer's Market 1:00 Splendid Sounds (MR) 2:30 Tea & Cookies (P) 3:00 T.V. Series (MR) 7:00 T.V. Series (MR) 18	International Talk Like a Pirate Day 19 9:00 T-Fit (8FFC) 10:00 Daily OM (MR) 11:00 New Resident Social (MR) 11:00 Grocery Shuttle (B) 1:00 Discovering Poetry (MR) 2:00 Bridge (LIB) 3:00 Seated Yoga (8FFC) 3:00 Movie (MR) 3:00 Martini Monday (P) 6:30 Bridge (LIB) 7:00 Movie (MR)	Sports Day 20 9:15 Line Dancing (8FFC) 9:30 Walk Talk Connect (L) 10:30 Stretch Balance (8FFC) 11:30 Great Courses (MR) 1:00 Health Talk with Vlad - Alzheimer's & Dementia (MR) 2:00 Knit Stitch (LIB) 2:30 Sports Day Competition 3:00 Happy Hour (P) 4:15 Bingo (MR) 6:30 Drop In Bridge (LIB)	International Day of Peace 21 9:00 T Fit (8FFC) 11:30 Trivia with Val (LIB) 2:00 Drop In Bridge (LIB) 2:00 Volleyball (8FFC) 3:00 Circuit Training (8FFC) 3:00 Wine Wed (P) 3:00 Cheers! Birthdays + Welcome New Friends (L) 3:30 Live Music Performance with Willy Blizzard (L) 6:30 Poker (LIB)	Autumnal Equinox 22 8:30 Bus Available for Aqua Fit (B) 10:15 Fraser Valley Wine Tasting (B) 10:30 Stretch Balance (8FFC) 2:00 Discussion Group (LIB) 3:00 Virtual Concert: Nana Mouskouri in Athens 1984 (MR) 3:00 Happy Hour (P) 6:30 Bridge (LIB)	9:00 T Fit (8FFC) 9:15 Music in the Morning: St. Lawrence String Quartet (B) 23 1:00 Great Courses (MR) 2:00 Men's Club: Game Hour (PDR) 2:00 Writers' Group (LIB) 3:00 Happy Hour (P) 3:00 Meditation (MR) 4:15 Bingo (MR) 6:30 Scrabble with Marge! (LIB)	9:00 R.O.M Parkinson's + Boxing (8FFC) 24 10:30 Wii Golf (MR) 2:30 Tea & Cookies (P) 2:45 Walk & Talk (L) 3:00 Hot Docs. (MR) 3:30 Drop in Ping Pong (8FFC) 7:00 Hot Docs. (MR)
	10:00 Zumba! (8FFC) 10:00 Open: Kits Farmer's Market 1:00 Live Music with Roberto Risman (L) 1:00 Splendid Sounds (MR) 2:30 Tea & Cookies (P) 3:00 T.V. Series (MR) 7:00 T.V. Series (MR) 25	Rosh Hashanah 26 9:00 T-Fit (8FFC) 10:00 Daily OM (MR) 11:00 Grocery Shuttle (B) 11:30 Wellness Meeting (MR) 1:00 Discovering Poetry (MR) 2:00 Bridge (LIB) 3:00 Seated Yoga (8FFC) 3:00 Movie (MR) 3:00 Martini Monday (P) 6:30 Bridge (LIB) 7:00 Movie (MR)	9:15 Line Dancing (8FFC) 9:30 Walk Talk Connect (L) 27 10:30 Stretch Balance (8FFC) 11:00 Alta Vida Fashions (L) 11:30 Great Courses (MR) 2:00 Knit Stitch (LIB) 3:00 Happy Hour (P) 3:00 Tech Ed Class 4:15 Bingo (MR) 6:30 Drop In Bridge (LIB)	National Good Neighbor Day 28 9:00 T Fit (8FFC) 11:30 Trivia with Val (LIB) 2:00 Drop In Bridge (LIB) 2:00 Volleyball (8FFC) 2:00 Garden Club (8FFC) 3:00 Paint & Sip! (MR) 3:00 Circuit Training (8FFC) 3:00 Wine Wed (P) 6:30 Poker (LIB)	World Heart Day 29 8:30 Bus Available for Aqua Fit (B) 10:30 Stretch Balance (8FFC) 1:15 Tea & Trumpets Outing (B) 3:00 Virtual Concert: Mikhail Pletnev performs Chopin (MR) 3:00 Happy Hour (P) 4:00 Book Club Meeting (LIB) 6:30 Bridge (LIB)	National Day for Truth and Reconciliation 30 9:00 T Fit (8FFC) 1:00 Great Courses (MR) 2:00 Writers' Group (LIB) 3:00 Happy Hour (P) 3:00 Meditation (MR) 4:15 Bingo (MR) 6:30 Scrabble with Marge! (LIB)	