

SPECIAL NOTE - Resident Referral Incentive:

Are you familiar with our Resident Referral Program? When you refer a friend who moves in to Tapestry, you'll receive \$2000 as a thank you. See the Sales Team for details. We'd love to reward you for being proud of our community.

Tapestry®

March 2020 Featured Events:

New Dimensions Steel Orchestra:

Saturday, March 14th @ 2:30pm.

Join us for an Encore Performance, New Dimensions Steel Orchestra will once again wow us with their talent, energy, and passion as they perform songs that have us moving to the beat of their steel drums. In addition to their performance, we will learn about steel pan history and we will have an opportunity to play these unique instruments. This is a can't miss experience!

Steeped in History - 'The Story of Tea' Presentation:

Tuesday, March 24th @ 11:00am.

From the courts of kings to the taverns of rebels, from an ancient secret to one of the world's most demanded commodities...soak up the history of tea with Lianne Harris.

Afternoon Tea with the Sloane Tea Company:

Tuesday, March 24th @ 2:30pm.

Sip. Savour. Share. Connect. Tapestry presents an afternoon of tea elegance with a Sloane Company tea sommelier. The Sloane story is about beauty. Beauty as told by the senses of taste, smell and sight. Beauty as experienced through the remarkable taste of Sloane teas, as well as the beauty of the colour in your cup and the enticing aromas. Sloane's signature line of teas and tisanes combine the finest loose- leaf teas, exotic ingredients and artisanal techniques.

Sugarbush Maple Syrup Festival:

Tuesday, March 31st @ 10:30am.

Tap into Spring for a little pioneer road trip to the Sugarbush Maple Syrup Festival at the Kortright Centre for Conservation. Research shows that connecting with Nature promotes better physical, mental and social health. We will travel in time on the trail of Sweet Maple Syrup, learning the methods of First Nations, the early settlers and modern producers. After, we will have a pancake lunch with, of course, real maple syrup. To make the day even sweeter, we will return for a fudge tasting event at Village Gate West.




Lucky In...

March 2020 - Calendar of Events



MARCH

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|--|
| 10:15am Strength & Tone (ER) 11:00am AquaFit (P) 1:30pm Trivia Challenge (T) 2:00pm Colour Me Calm (G) 2:15pm Pool/Billiards (L) 2:15pm Reiki & Relaxation (DK) 2:30pm Afternoon Matinee (T) 3:30pm Double Down Tonk \$\$ (DK) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:15am Chair Cardio (ER) 11:00am Basic Chair Yoga (ER) 11:00am Scattergories (T) 1:00pm Afternoon Bridge (L) 1:00pm Euchre Club (G) 1:30pm Giant Crossword Puzzle (T) 2:30pm Stretching and Relaxation (ER) 3:15pm Taking Charge of Arthritis (ER) 4:00pm Black Jack (DK) 4:00pm Zumba (ER) 6:30pm Double Down Tonk--- \$\$ (DK) 7:00pm Games Night (L) 7:30pm TV Series- Marvelous Mrs. Maisel (T) | 9:15am Circuit Training (ER) 10:00am Charitable Donations (G) 10:15am Balance Builders (ER) 11:00am Memory Strategies 1.0 (DK) 11:00am Presentation- The Man Who Built Casa Loma- Sir Henry Pellatt (DK) 11:00am Transportation to Sherway Gardens (OE) 2:00pm Colour Me Calm (G) 2:00pm Creative Expressions (DK) 2:00pm Tech Tips (T) 2:30pm Strength & Tone (ER) 3:15pm AquaFit (P) 3:15pm The Dictionary Word (T) 4:00pm Meditation (T) 4:00pm Texas Hold' Em Poker----\$\$ (DK) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 9:30am Shopping Excursion "Dollarama" (OE) 10:00am Tapestry Book Exchange (G) 10:15am Rhythm & Movement (ER) 11:00am Brain Workout 1.0 (L) 11:00am Spelling Bee Competition (DK) 12:45pm Afternoon Bridge (L) 1:00pm Bridge for Beginners (PDR) 2:00pm Wii Bowling (T) 2:45pm Cocktail Hour (M) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:00am Food Council Meeting (DK) 10:15am Stretching and Relaxation (ER) 10:30am Casa Loma (OE) 11:00am Basic Chair Yoga (ER) 11:15am Scattergories (T) 1:00pm Colours in Motion (DK) 1:00pm Euchre Club (G) 2:30pm Chair Cardio (ER) 2:30pm Life Stories (L) 3:15pm Taking Charge of Arthritis (ER) 4:00pm Black Jack (DK) 7:00pm Games Night (L) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:00am Transportation to Cloverdale Mall (OE) 10:15am Vital Core Training (ER) 11:15am Brain Games (T) 1:30pm Texas Hold' Em Poker \$\$ (DK) 2:30pm Balance Builders (ER) 3:15pm Tapestry Laughter Club (DK) 3:30pm AquaFit (P) 4:00pm Circuit Training (ER) 7:30pm Movie Night (T) | 10:00am Stretching and Relaxation (ER) 11:00am Colour Me Calm (G) 11:00am Library Excursion (OE) 11:00am Ted Talks (T) 12:30pm Aquafit (P) 1:30pm Blackjack (DK) 3:00pm Knitters with a Cause (L) 3:15pm Wii Bowling (T) 7:30pm Movie Night (T) |
| Daylight Savings Time International Women's Day 10:15am Strength & Tone (ER) 11:00am Discussion- Gender Bias & Equality (L) 1:30pm Trivia Challenge (T) 2:00pm Colour Me Calm (G) 2:15pm Reiki & Relaxation (ER) 2:30pm Afternoon Matinee (T) 2:30pm Shuffleboard (G) 3:30pm Double Down Tonk \$\$ (DK) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:15am Chair Cardio (ER) 11:00am Basic Chair Yoga (ER) 11:00am Scattergories (T) 1:00pm Afternoon Bridge (L) 1:00pm Euchre Club (G) 1:30pm Giant Crossword Puzzle (T) 2:30pm Stretching and Relaxation (ER) 3:15pm Taking Charge of Arthritis (ER) 4:00pm Black Jack (DK) 4:00pm Zumba (ER) 6:30pm Double Down Tonk--- \$\$ (DK) 7:00pm Games Night (L) 7:30pm TV Series- Marvelous Mrs. Maisel (T) | 9:15am Circuit Training (ER) 10:15am Balance Builders (ER) 11:00am Memory Strategies 1.0 (DK) 11:00am Wellness Council Meeting (DK) 1:15pm Scattergories (T) 2:00pm Colour Me Calm (G) 2:00pm Tech Tips (T) 2:00pm Strength & Tone (ER) 3:15pm AquaFit (P) 3:15pm The Dictionary Word (T) 4:00pm Meditation (T) 4:00pm Texas Hold' Em Poker----\$\$ (DK) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:15am Rhythm & Movement (ER) 11:00am Brain Workout 1.0 (L) 11:30am Resident Luncheon (OE) 12:45pm Afternoon Bridge (L) 1:00pm Bridge for Beginners (PDR) 2:00pm Wii Bowling (T) 2:45pm Cocktail Hour (M) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:00am Resident Council Meeting (PDR) 10:15am Stretching and Relaxation (ER) 11:00am Basic Chair Yoga (ER) 11:15am Scattergories (T) 1:00pm Colours in Motion (DK) 1:00pm Euchre Club (G) 1:00pm Mall Walking (OE) 1:00pm Tapestry Chorus Club (L) 2:30pm Chair Cardio (ER) 3:15pm Taking Charge of Arthritis (ER) 4:00pm Black Jack (DK) 7:00pm Games Night (L) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:00am Transportation to Cloverdale Mall (OE) 10:15am Vital Core Training (ER) 11:15am Brain Games (T) 1:30pm Texas Hold' Em Poker \$\$ (DK) 2:30pm Balance Builders (ER) 3:15pm Tapestry Laughter Club (DK) 3:30pm AquaFit (P) 4:00pm Circuit Training (ER) 7:30pm Movie Night (T) | 10:00am Stretching and Relaxation (ER) 11:00am Colour Me Calm (G) 11:00am Ted Talks (T) 12:30pm Aquafit (P) 1:30pm Blackjack (DK) 2:30pm New Dimension Steel Orchestra (M) 3:00pm Knitters with a Cause (L) 3:15pm Wii Bowling (T) 7:30pm Movie Night (T) |
| 10:15am Strength & Tone (ER) 11:00am AquaFit (P) 1:30pm Trivia Challenge (T) 2:00pm Colour Me Calm (G) 2:15pm Pool/Billiards (L) 2:15pm Reiki & Relaxation (DK) 2:30pm Afternoon Matinee (T) 3:30pm Double Down Tonk \$\$ (DK) 7:30pm Movie Night (T) | Brain Awareness Week 9:15am AquaFit (P) 10:15am Chair Cardio (ER) 11:00am Basic Chair Yoga (ER) 11:00am Presentation: BrainFIT- BODY Brain Boosters (DK) 1:00pm Afternoon Bridge (L) 1:00pm Euchre Club (G) 1:30pm Giant Crossword Puzzle (T) 2:30pm Stretching and Relaxation (ER) 3:15pm Taking Charge of Arthritis (ER) 4:00pm Black Jack (DK) 4:00pm Zumba (ER) 6:30pm Double Down Tonk--- \$\$ (DK) 7:00pm Games Night (L) 7:30pm TV Series- Marvelous Mrs. Maisel (T) | St. Patrick's Day 9:15am Circuit Training (ER) 10:15am Balance Builders (ER) 11:00am Presentation: BrainFIT- SPIRIT Brain Boosters (DK) 2:00pm Colour Me Calm (G) 2:00pm Tech Tips (T) 2:30pm St. Patrick's Day Party and Games (P) 2:30pm Strength & Tone (ER) 3:15pm AquaFit (P) 3:15pm The Dictionary Word (T) 4:00pm Meditation (T) 4:00pm Texas Hold' Em Poker----\$\$ (DK) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:15am Rhythm & Movement (ER) 10:30am Woodbine Casino (OE) 11:00am Presentation: BrainFIT- NUTRITIONAL Brain Boosters (DK) 12:45pm Afternoon Bridge (L) 1:00pm Bridge for Beginners (PDR) 2:00pm Wii Bowling (T) 2:45pm Cocktail Hour (M) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:15am Stretching and Relaxation (ER) 11:00am Basic Chair Yoga (ER) 11:15am Presentation: BrainFIT- MIND Brain Boosters (DK) 1:00pm Colours in Motion (DK) 1:00pm Euchre Club (G) 1:00pm Mall Walking (OE) 1:00pm Tapestry Chorus Club (L) 2:30pm Chair Cardio (ER) 2:30pm Life Stories (L) 3:15pm Taking Charge of Arthritis (ER) 4:00pm Black Jack (DK) 7:00pm Games Night (L) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:00am Transportation to Cloverdale Mall (OE) 10:15am Vital Core Training (ER) 11:15am Presentation: BrainFIT- SOCIAL Brain Boosters (DK) 1:30pm Texas Hold' Em Poker \$\$ (DK) 2:30pm Balance Builders (ER) 3:15pm Tapestry Laughter Club (DK) 3:30pm AquaFit (P) 4:00pm Circuit Training (ER) 7:30pm Movie Night (T) | 10:00am Stretching and Relaxation (ER) 11:00am Colour Me Calm (G) 11:00am Library Excursion (OE) 11:00am Ted Talks (T) 12:30pm Aquafit (P) 1:30pm Blackjack (DK) 3:00pm Knitters with a Cause (L) 3:15pm Wii Bowling (T) 7:30pm Movie Night (T) |
| World Water Day 10:15am Strength & Tone (ER) 11:00am AquaFit (P) 1:30pm Trivia Challenge (T) 2:00pm Colour Me Calm (G) 2:15pm Reiki & Relaxation (ER) 2:30pm Afternoon Matinee (T) 2:30pm Shuffleboard (G) 3:30pm Double Down Tonk \$\$ (DK) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:15am Chair Cardio (ER) 11:00am Basic Chair Yoga (ER) 11:00am Scattergories (T) 1:00pm Afternoon Bridge (L) 1:00pm Euchre Club (G) 1:30pm Giant Crossword Puzzle (T) 2:30pm Stretching and Relaxation (ER) 3:15pm Taking Charge of Arthritis (ER) 4:00pm Black Jack (DK) 4:00pm Zumba (ER) 6:30pm Double Down Tonk--- \$\$ (DK) 7:00pm Games Night (L) 7:30pm TV Series- Marvelous Mrs. Maisel (T) | 9:15am Circuit Training (ER) 10:15am Balance Builders (ER) 11:00am Memory Strategies 1.0 (DK) 11:00am Presentation- Steeped in History: The Story of Tea by Lianne Harris (DK) 2:00pm Colour Me Calm (G) 2:00pm Tech Tips (T) 2:30pm Afternoon Tea with The Sloan Tea Company (L) 2:30pm Strength & Tone (ER) 3:15pm AquaFit (P) 3:15pm The Dictionary Word (T) 4:00pm Meditation (T) 4:00pm Texas Hold' Em Poker----\$\$ (DK) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:15am Rhythm & Movement (ER) 11:00am Resident Monthly Meeting (DK) 12:45pm Afternoon Bridge (L) 1:00pm Bridge for Beginners (PDR) 2:00pm Wii Bowling (T) 2:45pm Cocktail Hour (M) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:15am Stretching and Relaxation (ER) 11:00am Basic Chair Yoga (ER) 11:00am Transportation to Shoppers Drug Mart (OE) 11:15am Scattergories (T) 1:00pm Colours in Motion (DK) 1:00pm Euchre Club (G) 1:00pm Mall Walking (OE) 1:00pm Tapestry Chorus Club (L) 2:30pm Chair Cardio (ER) 3:15pm Taking Charge of Arthritis (ER) 4:00pm Black Jack (DK) 7:00pm Games Night (L) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:00am Transportation to Cloverdale Mall (OE) 10:15am Vital Core Training (ER) 11:15am Brain Games (T) 1:30pm Texas Hold' Em Poker \$\$ (DK) 2:30pm Balance Builders (ER) 3:15pm Tapestry Laughter Club (DK) 3:30pm AquaFit (P) 4:00pm Circuit Training (ER) 6:30pm Etobicoke Philharmonic Orchestra (OE) 7:30pm Movie Night (T) | 10:00am Stretching and Relaxation (ER) 11:00am Colour Me Calm (G) 11:00am Ted Talks (T) 12:30pm Aquafit (P) 1:15pm Blackjack Tournament (DK) 3:00pm Knitters with a Cause (L) 3:15pm Wii Bowling (T) 7:30pm Movie Night (T) |
| 10:15am Strength & Tone (ER) 11:00am AquaFit (P) 1:30pm Trivia Challenge (T) 2:00pm Colour Me Calm (G) 2:15pm Pool/Billiards (L) 2:15pm Reiki & Relaxation (DK) 2:30pm Afternoon Matinee (T) 3:30pm Double Down Tonk \$\$ (DK) 7:30pm Movie Night (T) | 9:15am AquaFit (P) 10:15am Chair Cardio (ER) 11:00am Basic Chair Yoga (ER) 11:00am Scattergories (T) 1:00pm Afternoon Bridge (L) 1:00pm Euchre Club (G) 1:30pm Giant Crossword Puzzle (T) 2:30pm Stretching and Relaxation (ER) 3:15pm Taking Charge of Arthritis (ER) 4:00pm Black Jack (DK) 4:00pm Zumba (ER) 6:30pm Double Down Tonk--- \$\$ (DK) 7:00pm Games Night (L) 7:30pm TV Series- Marvelous Mrs. Maisel (T) | 9:15am Circuit Training (ER) 10:15am Balance Builders (ER) 10:30am Kortright Center for Conservation (OE) 2:00pm Colour Me Calm (G) 2:00pm Creative Expressions (DK) 2:00pm Tech Tips (T) 2:30pm Fudge Tasting (DK) 2:30pm Strength & Tone (ER) 3:15pm AquaFit (P) 3:15pm The Dictionary Word (T) 4:00pm Meditation (T) 4:00pm Texas Hold' Em Poker----\$\$ (DK) 7:30pm Movie Night (T) |  Tapestry. | LOCATION 2nd Floor Lounge (L) Demo Kitchen (DK) Exercise Room (ER) Games Room (G) Montgomery's (M) Montgomerys (M) Outside Excursion (OE) Pool (P) Private Dining Room (PDR) Pub (P) Theatre (T) | | |